# Annual Report 2018







**Ous Obside** among free and charitable clinics for the delivery of quality healthcare.

**Our Mission** The mission of St. Luke's Free Medical Clinic is to change the lives of Spartanburg County residents who lack access to healthcare by providing a collaborative, compassionate and innovative medical home.

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## HOWARD K. MCINTYRE AWARD

The award for "Exemplary Commitment to the Healthcare of Citizens of Spartanburg County" is given yearly in honor of Howard K. McIntyre, whose generosity and commitment to providing healthcare for the uninsured helped establish St. Luke's Free Medical Clinic in 1992. Dr. Petra Warren is this year's recipient and is seen accepting the award from Clinical Services Manager Nancy Anderson, RN. Dr. Warren has served as the Clinic's Volunteer Medical Director and gives unselfishly of her time and talents to provide in-clinic care for our patients.

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#### Dear Friends,

## We believe in the importance of keeping an open door to healthcare for our neighbors in need.

Inside our annual report, you will read about a neighbor who came to St. Luke's Free Medical Clinic for healthcare and the volunteers and partners who helped us provide that care. This is just one of many stories we share with our supporters throughout the year because they exemplify the beauty and simplicity of what it is to be a community – helping others is what all true neighbors do.



Many patients use our healthcare services for a period of time and then secure jobs with health benefits or become eligible for other coverage. When this happens, we assist in connecting them to new providers. The simple truth is, most of them don't want to leave us! It is commonplace to hear compliments such as: "I've received better care here than I did when I had insurance". Other patients have been quoted as saying "All the people here truly show me how much they care about me and how important I am". Many patients have even told us they wouldn't be alive if it weren't for St. Luke's. These are just a few of the many heartfelt comments we hear from current and former patients.

When all of our neighbors are healthy, the entire community prospers. In Spartanburg County, there are over 30,000 uninsured individuals. With these neighbors in mind, our work is more important than ever. With the help of many gracious donors, partners and volunteers, we will continue our mission of providing care and compassion for those in need.

We hope you will celebrate the healthy community you have helped build, and continue to support an "open door" for additional neighbors. Our work continues and we are proud to have your support.

Matthew (Ç). (Çannon

Matthew D. Cannon, DO Chair, Board of Directors

Patoy O. Whitney

Patsy O. Whitney Executive Director



Mental health is an equal part of treating the whole self. Emotions and behaviors affect how we experience the world and in many ways, our physical health. Over 70,000 people in Spartanburg County are in need of behavioral health services.\* At St. Luke's we are working to provide these services to our patients. In January of 2018, Dr. Otis L. Baughman started holding a behavioral health clinic once a week at St. Luke's. He treats patients with serious mental illnesses that have remained undiagnosed and therefore not treated. Dr. Baughman prescribes vital medications to help with these issues. Mental Health counseling is also provided onsite, and in conjunction with the proper medications has been transformative for the Clinic's patients. The integration of psychiatry services with mental health counseling and primary care already offered onsite has made a huge difference in the overall health of patients who receive these services.

\*Road to Better Health Spartanburg

Dr. Otis L. Baughman is pictured here.





I first came to St. Luke's because of diabetic neuropathy. The pain in my foot was almost unbearable! I saw nurse Cheryl Monson and learned more about diabetic foot and wound care in 30 minutes from her than I had during many, many visits to other medical offices. She was so knowledgeable and the one-on-one with her was very beneficial to me. Everything was explained in great detail – she is a true asset to the Clinic.

Volunteer Dr. James Bradof has also taught me so much about diabetes and he got me on the right medications. I took opioids for my pain before I was a patient at St. Luke's and that became a problem. I am now completely free of them and am taking gabapentin instead. I get up in the morning now feeling great and I get stuff done!

I am very appreciative of the care I've received at St. Luke's and have been satisfied with everything. I have never felt rushed when I've been there for an appointment and have gotten lots of attention every time. In fact, I can say I've been treated like royalty! As a retired customer service representative, I can tell you St. Luke's has the customer service thing down pat.

#### -Kenneth



In the Fall of 2018, my husband and I met with Karen Mobley, the Health Coach at St. Luke's Free Medical Clinic. I have been a patient here for many years, but I have never really focused on weight loss. We came in for nutrition counseling because we both have diabetes. We wanted to learn how to eat better and learn more about the carbohydrate content of foods and portion sizes. We started keeping a food diary and then we would meet with Karen and she would show us how to substitute different foods that were healthier. She also encouraged us to walk and use our weights/bands at home. I like to clean my house so she said any movements I could do would be great! My husband and I have started to take walks in the evening together. On my second visit my weight had dropped 3 lbs. and with each monthly visit my weight continued to go down. I was losing about 1 lb a week by watching my food intake and trying to exercise. This encouraged me to keep trying. My diabetes is in better control and my BMI dropped from 56 to 48. My total weight loss thus far has been over 30 lbs. I want to continue with my success because I like to feel better. I have struggled daily with my weight but with the support at St. Luke's, I now have the courage to do something about my health. I cannot afford to pay a physician and I am able to see one here to manage my health issues. From the bottom of my heart, thank you to everyone at St. Luke's. You mean so much to me and my family.

- Shannon

Patient Shannon (left) is pictured here with Health Coach, Karen Mobley (right).

ST. LUKE'S FREE MEDICAL CLINIC

7,309 MEDICAL VISITS
662 MENTAL HEALTH COUNSELING VISITS
134 DENTAL REFERRAL VISITS
19,356 PRESCRIPTIONS PROVIDED

## 1900 INDIVIDUALS SERVED | 44 HOURS OF PATIENT CARE EACH WEEK

- **└─\$7,760,253** ──
- VALUE OF DIRECT SERVICES PROVIDED ONSITE medical visits, ancillary services, pharmacy, transportation
- ← \$3,500,000 → VALUE OF INDIRECT SERVICES Mary Black and Spartanburg Regional Hospitals
- ► \$11,260,253 → VALUE OF TOTAL SERVICES PROVIDED

### VALUE OF INVESTMENT

**\$1** DONATED TO ST. LUKE'S



PROVIDES **\$11.50** IN SERVICES TO ST. LUKE'S PATIENTS

## **VOLUNTEER IMPACT**

**177** CLINICAL & ADMINISTRATIVE VOLUNTEERS



PROVIDED OVER 8,800 HOURS OF SERVICE

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Ms. Ashlev Thompson Ms. Kelly Ward Mr. Lancaster Weld Mrs Ann White Ms. Vivian Williams Mr. Jacob Woo Ms. Chandler Young Mrs. Julia B. Young

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Dr. Richmond Allan Dr. Octavia Amaechi Dr. George Bass Dr. Otis Baughman Dr. James Bradof Dr. Matthew Cannon Dr. Blair Clementson Dr. Beth Del Savio Dr. Robert Donofrio Dr. Elizabeth Dunlavev Dr. Gordon Early Jr. Dr. Charles Fogarty Dr. Maria Gacha Dr. Gregory Gibson Dr. Mark Godenick Dr. William Hill Dr. David Holt Dr. Ronald Januchowski Dr. James Johnson

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Dr. Keith Cox DDS Dr. Jason Davis DMD Dr. Melanie Davis DMD Dr. John Dunbar, Jr. DMD Dr. Jared Earl DMD Dr. Aaron C. Ellett DMD Dr. Paul Gibas DDS Dr. Joseph Lever DDS Dr. Jennifer Lever DMD Dr. Allison Llewelyn DMD Dr. William P. Mills DMD Dr. Lina Miraziz DDS Dr. Phillip C. Morrow DMD Dr. Richard T. Provine DMD Dr. Bryan Satterfield DMD Dr. Bill Stewart DMD

Dr. James Strider DMD Dr. Josh Summers DMD Dr. Laura Summers DMD Dr. Mary E. Watts DMD

#### **Nurse Practitioners**

Ms. Linda Alwine, FNP Mrs. Alison Fogarty, FNP-C Mrs. Heidi Walsh, FNP-BC Mr. Sean Walsh, FNP-BC

#### **Pharmacists**

Tommy Johnson, PharmD Jesse Manuel Jr., RPh Dr. Yuliya Neagu, RPh

#### Nurses

Mrs. Carole Clark, RN Ms. Amanda Colquitt, RN Mrs. Gloria J. Davis, RN Ms. Carol Drum, RN Mrs. Catherine C. Emmerth, RN Ms. Amy Flynt, RN Mrs. Brenda Groves, RN Ms. Leah McCaslin, RN Mrs. Mildred McIntyre, LPN Mrs. Cheryl Monson, RN Ms. Patricia Walker, RN

#### Mental Health Counselors

Mr. T. Bomar Edmonds, LISW, CP Dr. Cecile Nowatka, Ph.D

#### **Food Providers**

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Thank you so much

## **ST. LUKE'S** FREE MEDICAL CLINIC

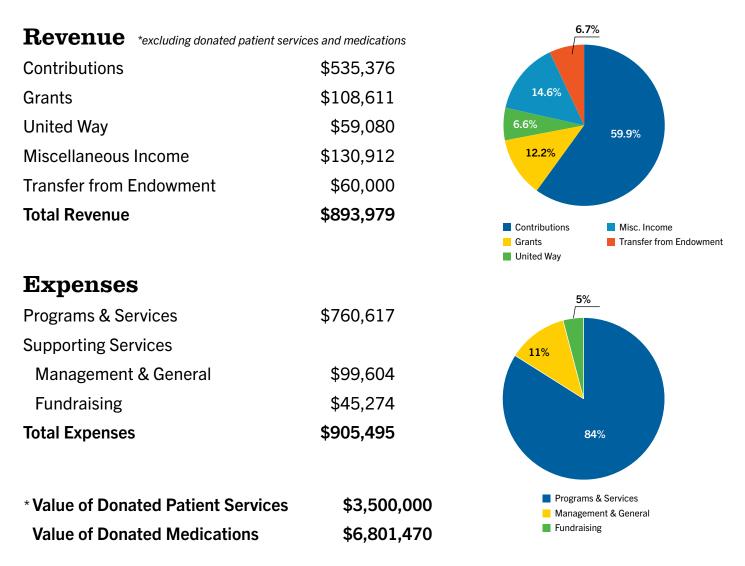
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## ST. LUKE'S FREE MEDICAL CLINIC COMBINED STATEMENTS OF ACTIVITIES

For the Fiscal Year Ended December 31, 2018



An annual financial audit is performed by Gosnell Menard Robinson & Infante CPAs, PA



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Karen Mobley HEALTH & NUTRITION COACH		
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Paula Seay	REFERRAL COORDINATOR	
Essence Smith, CMA	MEDICAL ASSISTANT	
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